

# Annual Newsletter

## 2024

Welcome to our annual newsletter for 2024. Summing up the year at Cavendish for this page is always a challenge for me. How do you summarise a year of unwavering commitment, dedication and hard work from our supporters, staff and volunteers in just a few words? As always, I remain incredibly grateful for the efforts that a huge number of people put in to support us and am so proud of our achievements over the past year.

It's been a busy year for us here at Cavendish and one in which we've seen a lot of changes. We're seeing unprecedented numbers of people in need of our support which places significant demand upon our resources. Fundraising therefore remains vital to our survival as a charity, especially as we receive only about 4% of the funding we need from statutory sources.

In response to this increased demand, we've looked at ways to make our services available to more people including redesigning the way clients access our services and improving our online offer.

Key to this has been improving our groups and courses programme. Our new look Cavendish@Home website is now live and offers our clients a much better online experience. We've introduced this new site to make our online resources easier to use and to ensure that we can develop our

course content based on what our clients need. It's also been great to see the Tim Pryor Centre being used for therapeutic group sessions, which have proved popular with our clients.

We've also seen an increased demand for our work with children and families, so this year we've made strides in developing this area of our service. We've taken on our new Head of Children's Services to really drive forward our ambitions and ensure that we can offer the help that young people and families affected by cancer really need.

I hope you enjoy reading our newsletter and finding out what we've been up to this year. As always, I'd like to offer a huge thank you from myself and all the team at Cavendish and we wish you all a Merry Christmas and Happy New Year.

Best Wishes

*Emma*

**Emma Draper – CEO**

P.S. We know your time is precious and there's not always the time to set up or complete a fundraiser. If you want an easy way to support us in 2025 why not consider joining our Cavendish GEMs regular giving scheme? Even a small amount donated each month makes a big difference and helps us

to plan for our future. If you're a taxpayer, you can even add Gift Aid to allow us to claim an extra 25%! Find out more on the fundraising pages on our website or email [hello@cavcare.org.uk](mailto:hello@cavcare.org.uk).



**Emma with our Chairman  
David Grey, MBE.**



**With our friends  
at Sheffield Sharks**

## Get cracking! It's raffle time...

Our Christmas elves have been run off their little feet this year packing up a bumper selection of festive fayre for our 2024 Cavendish Christmas Cracker raffle! For just **£1 a ticket** you can be in with a chance of winning our giant festive hamper worth **over £300** plus a many other smaller prizes including vouchers, luxury gift sets and smaller hampers. The raffle is a vital part of our annual fundraising so please buy a book of tickets and ask your friends and family to buy them too! We've included one book of tickets with this newsletter however you can

buy more online by heading to [www.christmascracker.org.uk](http://www.christmascracker.org.uk) or scanning the QR code below.

To use the book of tickets included please send your ticket stubs with cash or cheque to Cavendish Cancer Care, Tim Pryor Centre, 34 Wilkinson Street, Sheffield, S10 2GB.

We will draw the lucky winners on Thursday 12th December so get your entries back by 5pm on Wednesday 11th December. Good luck!

**Scan to buy tickets**



**Hampers galore!**



**4292**

therapy sessions



**1567**

hours of outreach support



**98%**

of people said their quality of life is better after our support



**88%**

of people said their anxiety was improved by Cavendish support



**78**

parental support sessions



**2677**

kilometres run for Cavendish



**197**

hours of buddy support



**£88,350**

donated in work hours by our volunteer teams



**2300**

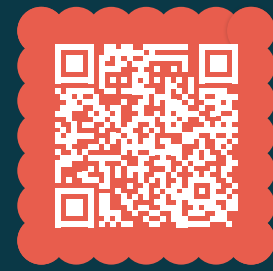
cups of tea served at the Tim Pryor Centre

# Shop in style at our Christmas Market

This year why not shop local for your Christmas gifts by coming along to our fabulous annual festive market at Tapton Hall on the 4th December from 5.30pm to 8.30pm. We have over 25 local businesses joining us selling a range of gifts and treats. You'll also be able to buy our own range of Cavendish home scents and take part in our festive raffle.

Tickets are priced at £7.50 and include a seasonal drink and snack. No need to book a babysitter, kids can come along for free! You can pre-order hot turkey sandwiches or a festive high tea from the catering team at Tapton Hall in advance – email [hayley@cavcare.org.uk](mailto:hayley@cavcare.org.uk) if you'd like to do this.

Book your Christmas Market tickets in advance by visiting [www.cavcare.org.uk/events/cavendish-christmas-market](http://www.cavcare.org.uk/events/cavendish-christmas-market) or pay on the night.



Book your tickets!



## cavendish @home gets a 'glow-up'

We've been busy in 2024 improving our online classes and courses for our clients to use at home. We've launched a brand new, easy to use website and rebranded our online offer under the name 'Cavendish@Home'. You'll find popular courses on topics including better sleep, nutrition, meditation, herbal medicine, chair yoga, moving through grief and lots of new topics too. All our courses are designed for us by our expert therapists and are, of course, free of charge.

The new site requires clients to create an account, which will be approved by us, and then all the courses are accessed via a single sign on – no more logging in multiple times! Feedback from site users so far has been excellent and we have plans to further develop the site by adding new content and live classes. The new site can be reached by visiting [www.cavendishathome.org.uk](http://www.cavendishathome.org.uk). Please create an account if you haven't already and have a go at some of our courses!

[www.cavendishathome.org.uk](http://www.cavendishathome.org.uk)

## Sharks Ticket Offer

We're thrilled to continue our partnership with The Sheffield Sharks basketball team this year and to celebrate we have a discount code offering 20% off all tickets for any game during the 2024/2025 season. Order your tickets online via the Sheffield Sharks website, [www.sheffieldsharks.co.uk](http://www.sheffieldsharks.co.uk) using the discount code: **CAVENDISH2425**





## Funding boost for our Children's service

This year we were thrilled to receive a grant worth **£60,000** from Yorkshire West Riding Freemasons to support our Children's and Young People's service – an area of the charity that we are committed to further developing over the next year.

The funds will make a significant contribution towards funding the new role of Head of Service for Children and Young People and will allow for a stronger focus on providing much-needed services for children.

The new post has been filled by Claire Furbey, a qualified integrative counsellor focusing on person-centred counselling, who has 16 years of experience working with children and young people. Claire is taking a key strategic lead in developing the Children and Young People's Service, including exploring new themes such as sibling group work and online resources.



The grant comes through the Masonic Charitable Foundation, which is funded by Freemasons, their families and friends, from across England and Wales.

Pictured is our new Head of Service Claire, with Lindsay Smith and her two young daughters. Lindsay and her family benefitted from our support after her husband, Gareth, passed away from leukaemia in 2023.

## Where there's a Will, there's a way

If you don't have an up to date Will, then make it a New Year's resolution to get one. A Will ensures your wishes are made clear after your death and that your loved ones are looked after. We have partnered with several local solicitors who can help you make a Will, and many of them donate the fee to support our work.

You don't have to leave a gift in your Will to Cavendish Cancer Care, but we hope you'll consider doing so after making sure your loved ones are taken care of. Any gift you can leave, large or small, will make sure that we can be here to help families rebuild their lives after a diagnosis of cancer. Check out our website for further information or email [hello@cavcare.org.uk](mailto:hello@cavcare.org.uk) for information about legacies.

## Cavendish Wellbeing goes from strength to strength in 2024

Our Cavendish Wellbeing service continues to offer innovative ways to support local businesses with their wellbeing needs.

The team are excited to be working with **Spire Claremont Hospital**, bringing their top consultants to businesses and workplaces for our new expert-led health talks. The talks are available on a variety of topics and aim to cut through the waffle to give you the knowledge you need to take care of yourself and your loved ones.

We're also really excited about our partnership with **Sheffield City Council** offering funded places on Mental Health First Aid courses. By working together, we're breaking down barriers and giving more people the tools to help themselves and others.

As we head into 2025, we're not taking our foot off the pedal. We'll keep cracking on with our local business partners and doing what we do best – helping the people of Sheffield live their best lives.



Chloe with some of the experts at Spire Claremont

# Our year in photos!

Once again our incredible supporters have gone the extra mile to raise money for us this year. We receive a tiny amount of government funding and without our supporters we simply wouldn't be able to keep our doors open. This year our fabulous fundraisers have walked, run, jumped off buildings, climbed mountains, danced, written books, done spin classes, played golf, hosted parties, undertaken ultra-marathons and so much more, all so that we can keep on doing what we do best! There are so many amazing people to mention, and we just don't have the space to thank everyone however we are so grateful to everyone who gives up their time and money to fundraise for us.



Young dancers from Constance Grant



Corporate curling event at Ice Sheffield



Leonard Curtis Yorkshire 3 Peaks challenge



Mae braves the Heroes of Sheffield Abseil



Team Cav at the Sheffield Half Marathon



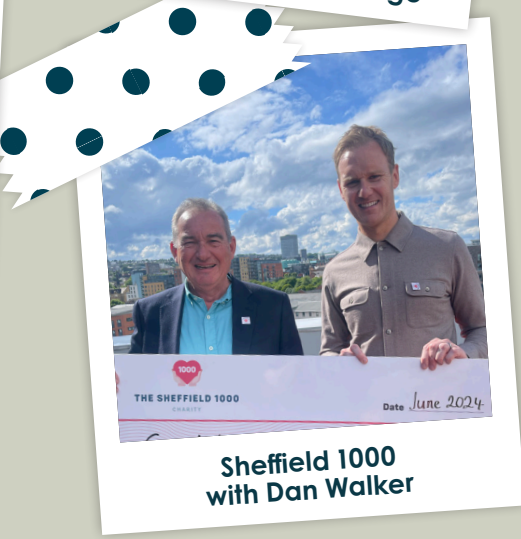
Andrew & Paul's 'Tour de Curve' cycling challenge



Brad & Robert at the Chesterfield 10k



Sister Summer fashion show



Sheffield 1000 with Dan Walker



Kevin's skydive



## Fundraiser Focus #1

William C Grave's true life ghost story 'The Lady in the Bay Window', dedicated to the author's mum Sue, has been a smash hit during 2024. William has put a huge amount of work into promoting the book and it's paid off as sales have raised **over £33,000** for Cavendish!



## Fundraiser Focus #2

Luke Tibbitts undertook a gruelling 24-hour workout for us in August, alongside his personal trainer, Jake. Luke's wife, Jodie, sadly passed away in 2021 after being diagnosed with bowel cancer and Luke's young sons have been supported by Cavendish. The mega-workout raised an amazing **£1800** for us!



## Fundraiser Focus #3

Secure Power hit lucky with some gorgeous weather for their golf day, held on our behalf in August at Beauchief Golf Club. A 'tee-riffic' **£5872** was raised!



## New year, new challenge?

If you're looking to try a new challenge next year, we have lots of options for you! For a real 'bucket list' experience you could join our Team Cav 'Kilimanjaro Trek' in October 2025! Or keep it local by joining our team for the Sheffield 10K, Sheffield Half Marathon or Chesterfield 10k. We love to hear from you so if you'd like information on any of the above or want to discuss your own fundraising idea please email [hello@cavcare.org.uk](mailto:hello@cavcare.org.uk). And if you want to do something without even getting off the sofa then set up that standing order and become one of our regular givers through our Cavendish GEM scheme. Every penny counts!



The cost of sending mail by post is increasingly expensive. In 2025 we'll be making our email newsletters even more fantastic than they already are and aiming to send more of our communications by email. Please do sign up to our newsletters if you haven't already! You can sign up using the form on the homepage of our website or scan the QR code!

