

Terms and Conditions for Online Chair Yoga Classes

By attending these sessions you agree to the following terms and conditions. Your confirmation email contains important information for how to prepare for the class.

How to prepare

- We endeavour to recreate a similar space online to our face to face appointments. Please arrive a few minutes before the start of the class to ensure a prompt start and that your camera and microphone are working as we cannot offer technological assistance once the class has started.
- Please ensure your room is a confidential space and that you are appropriately dressed. We will ask you to place yourselves on 'mute' during the class to reduce interference.
- For your safety, we require you to keep your camera on during the whole session.
- In the unlikely event that a participant says or does something inappropriate in the session, we will remove them from the room and may take further action.

Acting responsibly

- These classes are for informational purposes only and are considered complementary to medical practices and do not constitute medical advice, treatment or guarantee of outcome.
- We recognise the unique needs of individuals and encourage you to seek further individualised support if appropriate. Please contact us via our website.
- By referring to Cavendish Cancer Care's resources, you agree to hold yourself accountable and responsible while releasing from all liability Cavendish Cancer Care and related parties.
- Where links are provided to other sites and resources of third parties, these links are provided for your information only. Cavendish Cancer Care neither endorses nor accepts responsibility for the contents of those sites or resources.
- Cavendish Cancer Care complies with all data protection requirements and our privacy notice can be viewed at www.cavcare.org.uk/privacynotice.