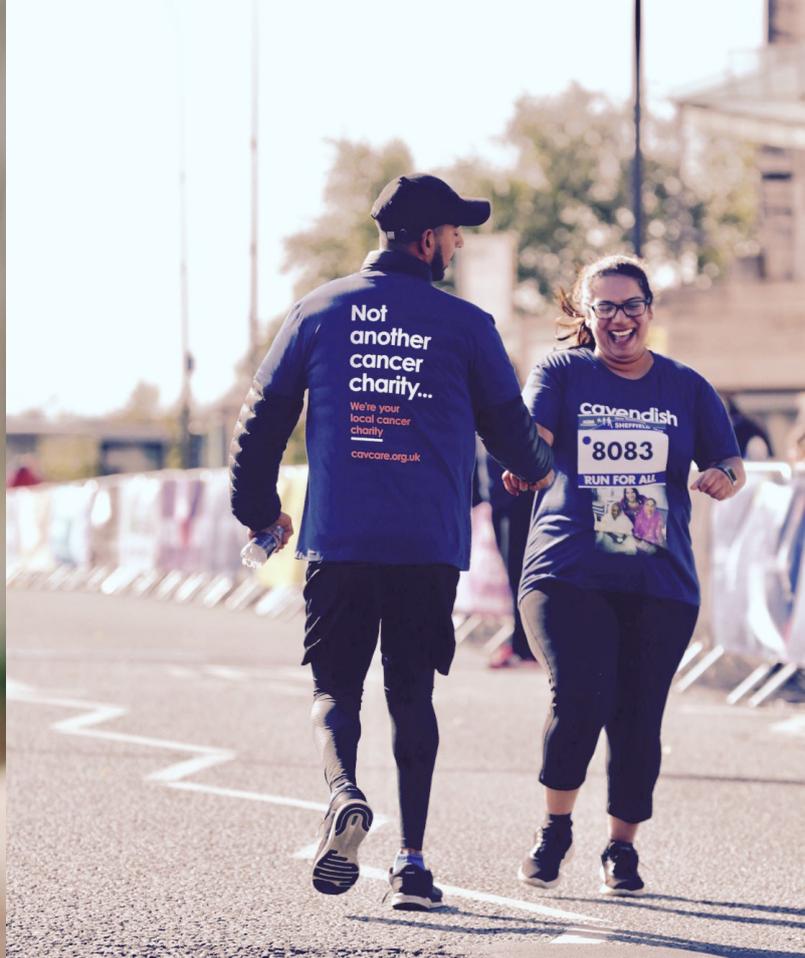




**cavendish
cancer
care**



**Fundraising
For Us**





Making the most of your fundraising

We are an independent charity and not part of the NHS.

The care, support and counselling that cancer patients and their families receive is provided on a free of charge basis. This would not be possible with people like **you** fundraising for us. Every penny you raise will go to support local people affected by cancer.

You could provide:

£27 could pay for an acupuncture session for a cancer patient to relieve nausea

£40 could pay for an initial counselling appointment with a trained assessor

£265 could provide a programme of specialist support for a child affected by cancer

£380 could provide one complete course of therapy for one person.

If you ever need any support with your fundraising, we are happy to help. Contact the fundraising team on fundraising@cavcare.org.uk, or call us on 0114 275 4070.

Fundraising Tips:

- **Set up an online fundraising page**, so you can share what you're doing on social media and send people your link. It's also a good idea to add a photo to this page.
- **Tell people WHY you're doing this** - do you have a personal connection to Cavendish?
- Set a target on your fundraising as this can encourage people to help you reach it.
- **Go to your number one donor first** (the person you think will give you the most) as this sets the bar for everyone else!
- **Keep asking for donations afterwards**. A lot of donations are made AFTER something has happened - so once you've completed your challenge or done your event, keep sharing your fundraising page and encouraging people to donate!
- **Tell Cavendish what you're up to** - we can help you spread the word!

What could I do?

There are **LOADS** of different ways you can get involved and help Cavendish.

From little things you can do in a day, like cake sales and quiz nights, to big events, parties and life-changing personal challenges, there's fundraisers to suit everyone.

These are just **SOME** of our ideas - this list is by no means exhaustive! There really are no limits to what you can do.



Parties

Seasonal party (Halloween, Bonfire Night, Snowball party, New Year, Valentine's Dance, Midsummer Ball)
Cheese & wine party
Theme party (e.g. 70's, Gatsby, pyjama party)
Fancy dress party
Street party

Evening Events

Dinner Dance
Disco
Jazz night
Race Night
Masked Ball
Country & Western night
Casino night
Come Dine With Me
Sportsman's Dinner
Psychic evening
Cabaret night
Hot Pot Supper
Caribbean evening
Hoe Down
Ladies night
Ascot Night
Delicatessen night
Medieval Banquet

Pubs and Clubs

Quiz night
Pub Games night
Yard of Ale
Bingo
Fancy dress pub crawl
Pub fun day

Sporting Events

Clay pigeon shooting
Fun run
Swimming gala
Regatta
Darts match or marathon
Snooker match or marathon
Golf competition
Swimathon
Sports Tournament
Cycle Ride
Guided walk
3-legged fun run
Fancy dress fun run
Celebrity soccer match
Celebrity cricket match
Fancy dress cricket, soccer, netball match
"Highland Games"
Donkey Derby
Go Kart Race
Sponsored parachute jump
3-wheeler rally

Get sponsored...

Sponsored running event
Sponsored skydive or abseil
Sponsored car wash
Sponsored silence
'Give it up month' - e.g. smoking, alcohol, chocolate
No Shave November

If you're feeling adventurous, what about a sponsored challenge abroad? (Climb a mountain, husky sled, trek Macchu Picchu...the sky's the limit!)

Seasonal Events

Easter Bonnet Parade
Christmas Carol singing
Christmas Card Sale
Christmas Carol Concert
Christmas Draw

Musical Events and Shows

Pantomime
Talent competition
Concert or festival
Film screening
Music recital
Fashion show
Dance competition

For families and children

Teddy Bears' Picnic
Beetle drive
Junior disco
Magic Show
"Bad hair day"
Non-uniform day
Sponsored bounce/toddle
Sponsored reading
Guess the doll's name
Guess the number of sweets in a jar
Fancy dress competition

Summer Outdoor Events

BBQ
Summer fete
Tug of War
Fun Fair
Treasure or scavenger hunt

At Work

Bad Tie Day
Swear box
Car wash
Dress down day
Company fun night
Cracker eating competition
Company quiz night

Home Made

Jam and chutney making
Bookmark making
Recipe book
Cake stall
Cream tea afternoon
Guess the weight of the Cake

Home-based

Strawberry and cream tea
Coffee morning
Bridge evening
Garden Party
Unwanted present sale
Bring and Buy sale
Garage Sale
Webb Ivory
Whist/Bridge evening

Community events

Village/town carnival
Church fete
Craft Fair
Jumble Sale
Car Boot Sale
School fete
Heritage Day

Community dinner
Pet show
Dog show
Horse show
Antique fair
Promise auction
Community coach trips
Garden produce show

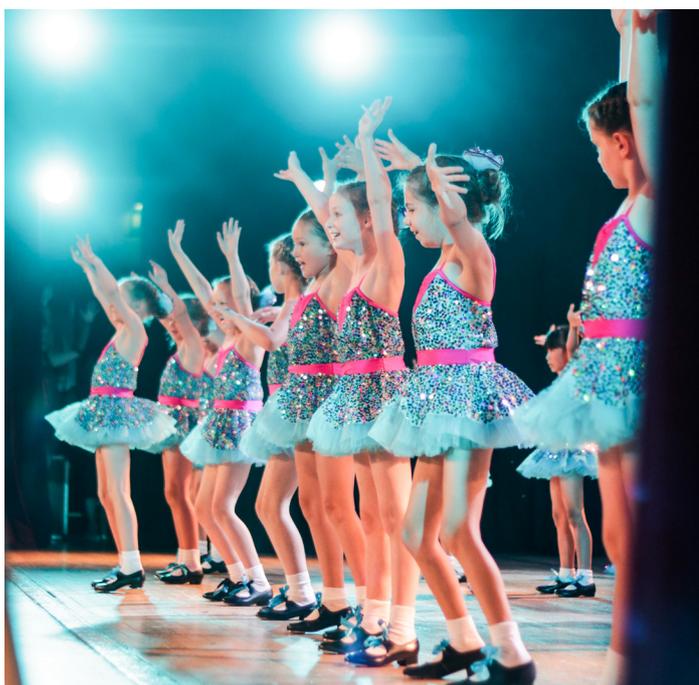
Miscellaneous

Poetry reading
Record and CD sale
Plant and shrub sale
Prison break out
Auction
Raffle
Tombola
Mystery tour
Model Railway exhibition
Trolley dash
House to House
Collection
Dutch Auction
Wheel of fortune
Book sale
Clothes sale
Jumble sale





Kath Rhodes sled through Lapland in March 2018, raising **£12,000** for Cavendish! “I had an amazing time,” Kath said upon her return, “it’s been very long, with tough days and extremely cold nights in tents, using snow to drink and cook with. The huskies were a gorgeous and strong pack of dogs and the team trekking group were a really friendly crowd. I’m a bit bruised - but I did it!”



The Constance Grant Dance Centre held a dance show for us raising a total of **£1,000!**



Sharon Sleight has done all sorts from coffee mornings to muddy runs, raising a total of over **£3,500!**

We love to see what you’ve been up to - make sure you tag us in your photos on social media, or email them us to at fundraising@cavcare.org.uk