



**cavendish
cancer
care**

**Festive
Fundraising**





Making the most of your fundraising

We are an independent charity and not part of the NHS.

The care, support and counselling that cancer patients and their families receive is provided on a free of charge basis. This would not be possible with people like **you** fundraising for us. Every penny you raise will go to support local people affected by cancer.

You could provide:

£27 could pay for an acupuncture session for a cancer patient to relieve nausea

£40 could pay for an initial counselling appointment with a trained assessor

£265 could provide a programme of specialist support for a child affected by cancer

£380 could provide one complete course of therapy for one person.

If you ever need any support with your fundraising, we are happy to help. Contact the fundraising team on fundraising@cavcare.org.uk, or call us on 0114 275 4070.

Fundraising Tips:

- **Set up an online fundraising page**, so you can share what you're doing on social media and send people your link. It's also a good idea to add a photo to this page.
- **Tell people WHY you're doing this** - do you have a personal connection to Cavendish?
- Set a target on your fundraising as this can encourage people to help you reach it.
- **Go to your number one donor first** (the person you think will give you the most) as this sets the bar for everyone else!
- **Keep asking for donations afterwards.** A lot of donations are made AFTER something has happened - so once you've completed your challenge or done your event, keep sharing your fundraising page and encouraging people to donate!
- **Tell Cavendish what you're up to** - we can help you spread the word!

What could I do?

There are LOADS of different ways you can get involved and help Cavendish this Christmas and New Year.

From little things you can do in a day, like cake sales and quiz nights, to big events, parties and life-changing personal challenges, there's fundraisers to suit everyone.

These are just SOME of our ideas - this list is by no means exhaustive! There really are no limits to what you can do.



Festive Fun

Christmas carol singing
Pop-up carol concert
Christmas card sale
Christmas carol concert
Christmas draw
Christmas jumper day
Office Nativity
Christmas bake-off
Guess the weight of the Christmas Cake
Pantomime
Present sale
Christmas Raffle, Auction or Tombola
Firework night

Evening Events

Disco
Jazz night
Casino night
Board game night
Come Dine With Me
Sportsman's Dinner
Cabaret night
Hot Pot Supper
Ladies night
Medieval banquet
Talent show
Quiz night

Parties

Snow Ball
New Year's Eve party
Cheese & wine party
Theme party (e.g. 70's, Great Gatsby, pyjama party)

Sporting Events

Fun run
Darts match or marathon
Snooker match or marathon
Golf competition
Swimathon
Sports Tournament
Cycle Ride
Guided walk
3-legged fun run
Fancy dress fun run
Fancy dress soccer or netball match
Highland Games
Donkey Derby
Go Kart Race
Sponsored parachute jump

Pubs and Clubs

Bingo
Fancy dress pub crawl
Pub fun day
Race night

Get sponsored...

Sponsored running event
Sponsored skydive or abseil
Sponsored silence
Give it up for December - e.g. smoking, alcohol, chocolate

If you're feeling adventurous, what about seeing in the New Year with a sponsored challenge abroad? (Climb a mountain, husky sled, trek Macchu Picchu...the sky's the limit!)



Kath Rhodes sled through Lapland in March 2018, raising **£12,000** for Cavendish! "I had an amazing time," Kath said upon her return, "it's been very long, with tough days and extremely cold nights in tents, using snow to drink and cook with. The huskies were a gorgeous and strong pack of dogs and the team trekking group were a really friendly crowd. I'm a bit bruised - but I did it!"



The Constance Grant Dance Centre held a dance show for us raising a total of **£1,000!**



Sharon Sleight has done all sorts from coffee mornings to muddy runs, raising a total of over **£3,500!**

We love to see what you've been up to - make sure you tag us in your photos on social media, or email them us to at fundraising@cavcare.org.uk!