



cavendish
cancer care

Annual Report 2016/2017

Welcome

Welcome to our 2016/2017 annual report. We hope you enjoy reading about the great work we've been doing in the past year and seeing the real difference our services made to the lives of people with cancer and their families. All this was only possible thanks to the efforts of many incredible people, including our supporters, professionals and volunteers.



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About Us

Cavendish Cancer Care supports people affected by cancer in South Yorkshire, North Derbyshire and Nottinghamshire where over 14,000 people receive a cancer diagnosis each year. For almost everyone a cancer diagnosis is a life changing event that happens suddenly; as one of the people we've supported said, "like a bomb going off in an otherwise happy life".

At Cavendish we recognise that cancer affects every aspect of a person's life and that the impact of this life-changing diagnosis extends far beyond the patient.

We see the person, not the disease, and provide everyone who seeks our help with a tailored package of care to address their particular needs and concerns. We see people of all ages and backgrounds and support people affected by around forty different types of cancer.

We provide emotional and practical support, alongside an extensive range of therapies, to offer a place where people can share feelings and thoughts without guilt or fear of upsetting anyone. Therapies we offer include acupuncture, aromatherapy, counselling, hypnotherapy, massage, reflexology, shiatsu and more. We run a Children and Young People's Service and a Cancer Buddies programme where volunteers who have experience of cancer provide support.

Chair's Report



Joining Cavendish Cancer Care as Chair of the Board of Trustees towards the end of our 25th Anniversary was both a pleasure and a privilege. The warmth of welcome I received from the wider Cavendish team has been second to none. Without a doubt, it is this warmth of feeling and commitment to people supporting each other that has been a critical factor in our success over the last 25 years and it is essential that we retain and build on this if we are to be successful in what comes next for us. As someone who has first hand experience of cancer, I know just how important what we do is and, to me, it is essential we do all we can to honour our commitment to be there for all those who would benefit from our support, where and when they need it.

As is befitting of an anniversary there has been much to celebrate. The launch of our capital appeal towards the end of summer that will provide the funding to allow us to move into our new Centre towards the end of 2017, and it's successful completion before the end of the financial year. Learning in September that we have now supported over 20,000 people since we were founded, with countless examples of the

difference this has made to their lives.

Hearing in November that we had won the Excellence in Health Care and Wellbeing award at the Make A Difference Awards, held by Voluntary Action Sheffield to celebrate their 90th birthday, in recognition of the contribution we make to the people and communities of Sheffield and the surrounding area. These are just three examples, with many more contained in the pages of this report, but all will help us continue to make a real difference to local families facing some of the toughest times they are ever likely to face.

The feedback we receive from those who access our service has remained outstanding across the year, with 92% of people we see telling us that their overall quality of life is improved by our care, 88% feeling more in control of their situation and 99% extremely likely to recommend Cavendish Cancer Care to friends and family if they are affected by cancer. As someone said to me recently, "coming in to the Cavendish Centre for the first time was like someone turning the lights back on again."

As a service that is free of charge to those who use it none of this would be possible without a robust and sustainable financial framework and again I am delighted to report 2016/17 proved to be another very successful year. Our core revenue has grown by over 28% compared to the previous year, reflecting both the investment we made during 2015/16, and also the strength of feeling and support across the region when we are clear about the work we need to do, the difference this will make, and the support from others we need to do this.

The exceptional performance in our fundraising allowed us to continue to invest in our service delivery, with year on year charitable spend increasing by over 10%. This allowed us to both

expand our outreach service across Sheffield Teaching Hospitals and also at the Cavendish Centre itself.

We therefore end the year with much to be excited about and in an ideal place to think about what comes next for us. In February we started work on a new five year strategy and ambition and I look forward to sharing the results of this with you when it is complete next year. Needless to say, with one person every hour diagnosed with cancer across the Sheffield City Region, over 45,000 people already living with and beyond cancer and so many more people affected by their diagnosis, we know there is still so much more we need to do.

Our successes across the year have only been possible with the ongoing support and dedication of a much wider group of people and we remain very grateful for all they do for us.

I hope you enjoy reading more about our anniversary year in this report and I look forward to welcoming you to our new Centre in 2018.



Tim Pryor

Chair of the Board of Trustees



Chief Executive Report



In January of this year we were delighted to learn that our Founder and Life President, David Simons, has been awarded an Honorary Degree of Doctor of Medicine by the University of Sheffield. At the time David said:

“When I first dreamed up the idea of starting a cancer support charity, I had no idea how much it would grow and what fantastic people would become a part of that dream. I certainly never expected to be personally honoured by the University! For me, this whole journey has all been about one thing and one thing only: supporting cancer patients and their families”.

“From the start four things were absolutely crucial; patients and carers would be central to the organisation, we would not charge, we would insist on total professionalism, and we would work in partnership with mainstream cancer care providers. It is a source of constant pleasure to me that over the years this philosophy has remained in place”

What is striking to me as we reach the end of our 25th Anniversary year is just how relevant and current that initial vision remains today. While, thanks to advances in treatment and early

detection, survival rates following a cancer diagnosis are now higher than ever, and more people are now living with and beyond their cancer than dying from it, for almost half of all people diagnosed it is the psychological impact of this diagnosis that has the biggest effect on their lives. As someone said to me, ‘the cancer may have left my body, but it never leaves my mind’.

Reflecting this, the focus in healthcare systems over recent years has quite rightly shifted towards person-centred care and a holistic view of how cancer affects someone. However, too often, the rhetoric falls short of the reality, and there remain significant inequalities in clinical outcomes depending on where you live and in the quality of life people can expect when living with cancer.

We know that good cancer care requires integration across primary, secondary, tertiary and community settings. But navigating your way through this complex landscape would be a challenge for anyone, let alone someone facing some of the most difficult times they are ever likely to experience. We also know that in the current financial climate there simply are not the resources to meet the level of need that is out there, and with over half of us born after 1960 likely to face cancer at some point in their lives, this need will only increase in the coming years.

That’s why our work has never been more important or relevant. With 99% of people who use our service telling us they would be highly likely to recommend us to the next person who might need us, it is essential we are there to ensure people get the support they need, when and where they need it.

Over the last twelve months we’ve worked hard to expand and develop our services, raising the funds we need to move to a new Centre that gives us the environment the people who access our services deserve, while also growing our

outreach and awareness raising work across the Sheffield City Region.

But with so much work still to do, we know ensuring local families get the best possible support is essential to our donors. We are therefore justifiably proud that 81p in every pound we receive goes directly to support frontline services.

While this report contains some of the highlights of what we have achieved over year, and gives grateful thanks to the very many people that have enabled it, it is vital we remember that there is no

single experience of cancer, it is unique for each person going through it, and our challenge remains, as it was 25 years ago, to ensure everything we do is focussed on the next person who needs us.



Chris Farrell
Chief Executive

Julie's Story

In September 2013 Julie was diagnosed with breast cancer. Following an operation she had chemotherapy and radiotherapy and whilst at Weston Park Hospital saw a notice for different therapies at the Cancer Support Centre.

"I had some sessions of shiatsu at the Cancer Support Centre and was then advised that I could have further sessions at Cavendish Cancer Care. I immediately called in and was very warmly received.

I had already found that shiatsu helped me relax – as the treatment of chemotherapy and radiotherapy are very alien and stressful for anyone, causing extreme fatigue and tiredness, and the quiet time of shiatsu was marvellous.

I received six more wonderful sessions of shiatsu at Cavendish and they went a long way to start me getting my strength and energies back.

I was so grateful to the people at Cavendish that I have been volunteering there since September 2016 helping with admin."

"I would whole heartedly recommend Cavendish Cancer Care to anyone going through the trauma of cancer."



Vision, Mission & Core Values

Our Vision

Cavendish Cancer Care believes that people affected by cancer have individual needs that cannot always be fully addressed by their health care providers and social support networks. We offer a place for people to go to talk, to get physical and emotional support and to help them deal with the way cancer has affected them and their life.

We are an independent local charity established in 1991 giving free emotional support to people affected by cancer in South Yorkshire, North Derbyshire and Nottinghamshire.

Our vision is clear. We want to improve the quality of life for people living with cancer by providing emotional and physical support to them and their families where and when they need it most.

Cavendish Cancer Care - Facing cancer together.

"Improving the quality of life for local families living with cancer through physical and emotional support where and when they need it most"

Our Mission

To help people in South Yorkshire, North Derbyshire and Nottinghamshire adjust to, cope with and face up to the impact of living with cancer by treating the person and not the illness. We aim to improve their quality of life, enrich their emotional wellbeing and provide the support they need to deal with the challenges life threatening and life limiting illness places on people's lives.

To achieve this we:

- Offer support, counselling and therapies to help people face the impact cancer can have on the lives of the patient and their family
- Have a team of trained professionals who work closely with people affected by cancer to give individually tailored support at critical times following a unique evaluated model of care
- Work with people to find ways to adjust, cope and improve their quality of life
- Offer a service that is free of charge to the patient and their carer or children
- Work in an collaborative way with the NHS, hospices and primary care to ensure the highest quality of care for people affected by cancer
- Help people to feel more in control, more confident and more able to cope
- Consider the needs of people we support and broaden our services to reach new people in new areas where appropriate

Our Core Values

Professional – we set ourselves high standards both in what we do and how we do it and believe our model of care is what makes the real difference to our families

Respectful – we treat people with respect and courtesy and value people's differences, considering our thoughts and actions and the impact they will have on others

Open and honest – we are open and transparent in everything we do. We act in the best interests of the people who use our service, our supporters and our staff and are accountable for our activities

Unflappable – to provide the services we do, we are persistently calm, reliable and collected and approach all challenges and opportunities in a considered way

Determined – we work hard to make a difference, determined to work together to make a real, positive impact for people who need us, now and in the future



Cavendish Voices

We know it's important to measure how many people we support each year (our outputs) but that it's also important to measure the difference our support makes to people affected by cancer and their families (our outcomes).

To ensure we accurately measure the difference our work has made Cavendish Voices was introduced in 2015 to supplement the data gathered through our existing monitoring and evaluation questionnaire, MYCaW (Measure Yourself Concerns and Wellbeing).

Cavendish Voices captures benefits to patients and their families which relate to specific individual concerns e.g. improved family relationships and secondary benefits to non-patients, including clinicians, healthcare providers and employers e.g. reduced GP visits and faster and more successful return to work. We collect responses at fixed time points after each person's review is completed.

The information gathered for this year evidences that our support is making a significant difference to those who access it.

"If it hadn't been for counselling I may have dropped out of 6th form. It has been life-changing. A positive choice. I looked forward to coming."

89% of those returning to work say this was more successful thanks to our support

88% of people say they felt more in control of their situation as a result of our care

92% of respondents say their overall quality of life was improved by our support

Almost **40%** of people we have supported say that in the absence of our care they would have sought additional help from their GP instead

Almost **50%** tell us that they accessed other support services thanks to a suggestion from their Cavendish therapist

99% are extremely likely to recommend Cavendish Cancer Care to friends and family if they are affected by cancer.

Capital Appeal



For over 25 years Cavendish Cancer Care has been helping local families living with cancer. Since 1997 we have been based in our Centre on Wilkinson Street, with people we support telling us it feels like home, a safe place that acts as a place of sanctuary, essential to them in making the best of whatever situation they face.

In this, our anniversary year, our current rented premises are simply no longer fit for purpose. It would require extensive work to bring them into good repair and they would still not meet the needs or provide the environment the people we support deserve, one that is accessible to all who might need our support.

Fortunately, we have been offered an alternative rental property, just up the road from our current base. It retains all that is good about our existing building while also offering better parking, a single entrance that is accessible to all, regardless of mobility needs and a greater number of confidential therapy rooms to deliver our service. Importantly, we will still be in close proximity to the hospitals most people will attend for therapy.

Our new landlords have generously agreed to renovate the building to meet our general

requirements and are making a significant investment on our behalf in order to do this. Our challenge was to ensure that we have sufficient funding in place to create the best possible therapeutic environment.

We therefore launched our anniversary appeal at the end of summer and our supporters rallied behind us raising an outstanding £177,052!

We cannot express how grateful we are to each and every individual, company or grant

funder for their support. We know that for many people affected by cancer, finding the space and time to come to terms with what is happening to them, to gain some perspective and an understanding of their priorities and the decisions they need to make, is one of the biggest challenges they face. We look forward to fulfilling these needs in an environment that will optimize the benefits of our therapies very soon.

Our special thanks to the following Charitable Trusts that supported our Capital Appeal:

The Sir Hugh and Lady Sykes Charitable Trust

The James Neill Trust

Marjorie Coote Old People's Charity Fund

The Hugh Neill Charity

Zachary Merton and George Woofindin

Convalescent Trust

The Freshgate Trust Foundation

May Hearnshaw Charitable Trust

The JG Graves Charitable Trust

Westfield Health

Sheffield and District Hospital Services

Charitable Fund

Queen Victoria and Johnson Memorial Trust

The Company of Cutlers In Hallamshire

Sheffield Town Trust

Therapy Services

During the past year we have played a vital role providing supportive care to help improve the quality of life for individuals and families affected by a diagnosis of cancer.

Our highly skilled team respond to the practical, physical and emotional needs of children, young people, patients and family members. We can offer people an initial appointment within five working days of them contacting the Centre.

Looking ahead a new service is to commence and therapies are to be provided at the NGS Macmillan Cancer Information and Support Centre at Chesterfield Royal Hospital.

We want everyone who needs it to be able to benefit from the holistic and individualised support that Cavendish Cancer Care can provide and we are committed to continue to explore and develop new opportunities to reach those who aren't currently accessing our services.



Mick's Story



Mick has been working with Cavendish Cancer Care since 2008 as a complementary therapist qualified in hypnotherapy and Reiki. Having lost both his parents and maternal

grandparents to cancer he has a lot of empathy with people who are affected by it.

"When I left school at 16 I felt that working in a coal mine was far too dangerous, so I joined the Army as a Radio Telegraphist in the Royal Corps of Signals. After 10 years I decided to move on and worked for the British Antarctic Survey and then in the offshore industry in the North Sea as a radio operator. Redundancy forced a career change and I trained as a nurse.

It was whilst I was working as a Clinical Nurse Specialist in Acute Pain Management that I became interested in hypnotherapy. I'd spent some time with a colleague in the Chronic Pain Team at the hospital where I worked who was using hypnosis to help people cope with long term pain. I was impressed and decided that this was something I'd like to do too, so trained in hypnotherapy.

Once qualified my career brought me to work for Cavendish Cancer Care where I began to work with people affected by cancer. Combining my personal and professional experience I have a lot of knowledge and insight into what cancer patients and their families go through. This puts me in a good position to be able to help and

support them through a very difficult phase of their lives.

I use hypnotherapy to help people cope with a wide range of issues from insomnia to coping with altered body image and the new normal following life saving but life changing surgery. Through using hypnotherapy I teach people to take time out for themselves, to relax and unwind, and settle their minds. I also teach self-hypnosis skills and simple breathing techniques to help them when they feel overwhelmed.

"I love going to work at Cavendish Cancer Care and I feel very privileged to do what I do for a living."

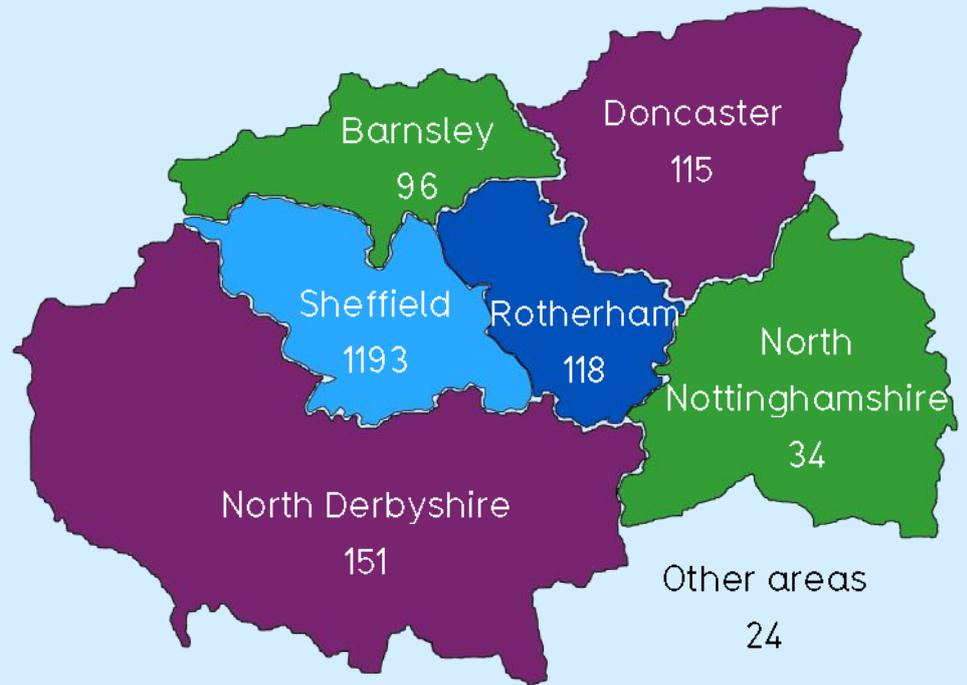
I also use hypnotherapy to complement medical treatment. Some examples of this are:

- Taking away someone's claustrophobia so that they can get into a MRI scanner so doctors are better able to plan someone's treatment.
- Taking away someone's fear so that they can face surgery.
- Enabling someone to cope with wearing their mask so they can undergo radiotherapy.
- Taking away someone's needle phobia so that they can receive their chemotherapy.

I believe that by doing these things, and others, I am complementing what medicine is able to achieve.

Therapy in numbers

1731
Referrals received



Referrals to the main service at Wilkinson Street



Referrals for support across outreach services within Sheffield Teaching Hospitals



Referrals for therapies at the Cancer Support Centre



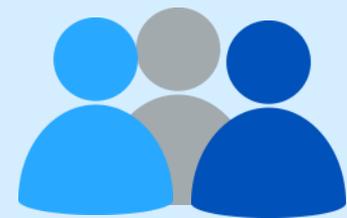
Referrals for people affected by a diagnosis of Motor Neurone Disease



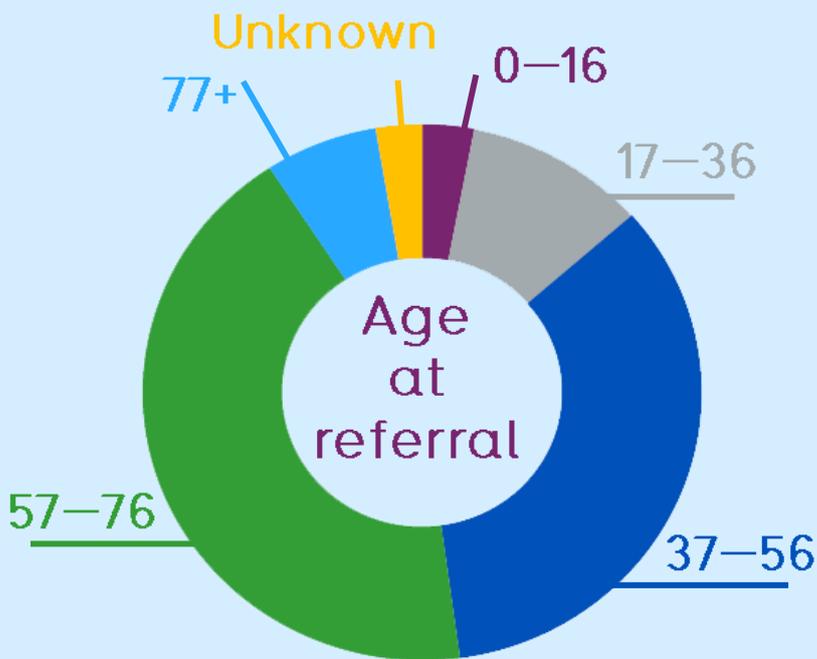
Referrals to support staff from St. Luke's Hospice

4193

Therapy sessions provided



13 student doctors completed 6 week placements at the Centre. We also taught medical students as part of their degree.



The youngest person we supported was

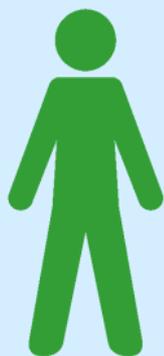
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The oldest person we supported was

97



Carers
421



Patients
1252



Young people
58



Male
28%



Female
72%

Therapy and supportive care in outreach

Was provided at:

Macmillan Palliative Care Unit at the Northern General Hospital

Cystic Fibrosis Ward at the Northern General Hospital

Weston Park Hospital (all inpatients)

Royal Hallamshire Hospital (inpatients on haematology wards)

Cancer Support Centre (patients receiving radiotherapy treatment)

Support was also provided for staff from St. Luke's at the main Centre.

Thank you to Ride for Eric, Motor Neurone Disease Association, St. Luke's, Weston Park Cancer Charity and the Sheffield Hospitals Charity for the funding they have provided over the last year.

Cavendish Cancer Buddies

We are very pleased that our 25th Anniversary Year saw volunteers providing therapeutic support alongside the therapy team for the first time in our history.

Cavendish Cancer Buddies are a group of highly trained volunteers who have either had cancer themselves or have cared for someone with cancer. They are supported in house by our therapy team.

Buddies provide one to one, telephone or face to face support, for both people with cancer and their close family and carers. Support is usually provided for between 3 and 6 months, and can be provided in the evenings and at weekends.

Not everyone who is referred in to the scheme decides to take up buddy support. Because the volunteers are supported by dedicated and trained therapy team, we are able to signpost people to other services, or where necessary refer someone in to the centre if they need additional help. The therapy team also contribute to the matching of buddies with people who would benefit from their support.

Most of the support given during the year was to people we're already supporting at the centre, but we have taken the first steps towards expanding this to the wider population and this will be the focus of 2017/18 development of the scheme.



Volunteering

Volunteers have been at the heart of all that we do since the very early days of the charity, and we are very lucky to be supported by a large number of people in a variety of ways. Our volunteers are not only unstinting with their time, but bring a huge amount of knowledge and expertise to the centre, as well as empathy and understanding for the people we support. Their passion and dedication to Cavendish is unparalleled.

During 2016/17 we had over 50 people, including our trustees, who regularly volunteer with us.

We also had a number of placements this year, including a Sheffield Hallam University internship, a Sheffield University Health and Human Sciences placement and a work experience student from the High School.

Alongside our regular volunteers, we are also lucky to have an army of people who are willing to bake cakes, pack bags, rattle tins, like our Facebook posts, and organise and support events for us. They all work selflessly to help us keep Cavendish Cancer Care running.

As a rule, we don't really like to single any one person or group of people out as we get so much great support. However this year there are a couple of groups of volunteers that we really need to mention.

Firstly a huge "couldn't have done it without you" to our wonderful reception team. They have stepped up to help out so many times in

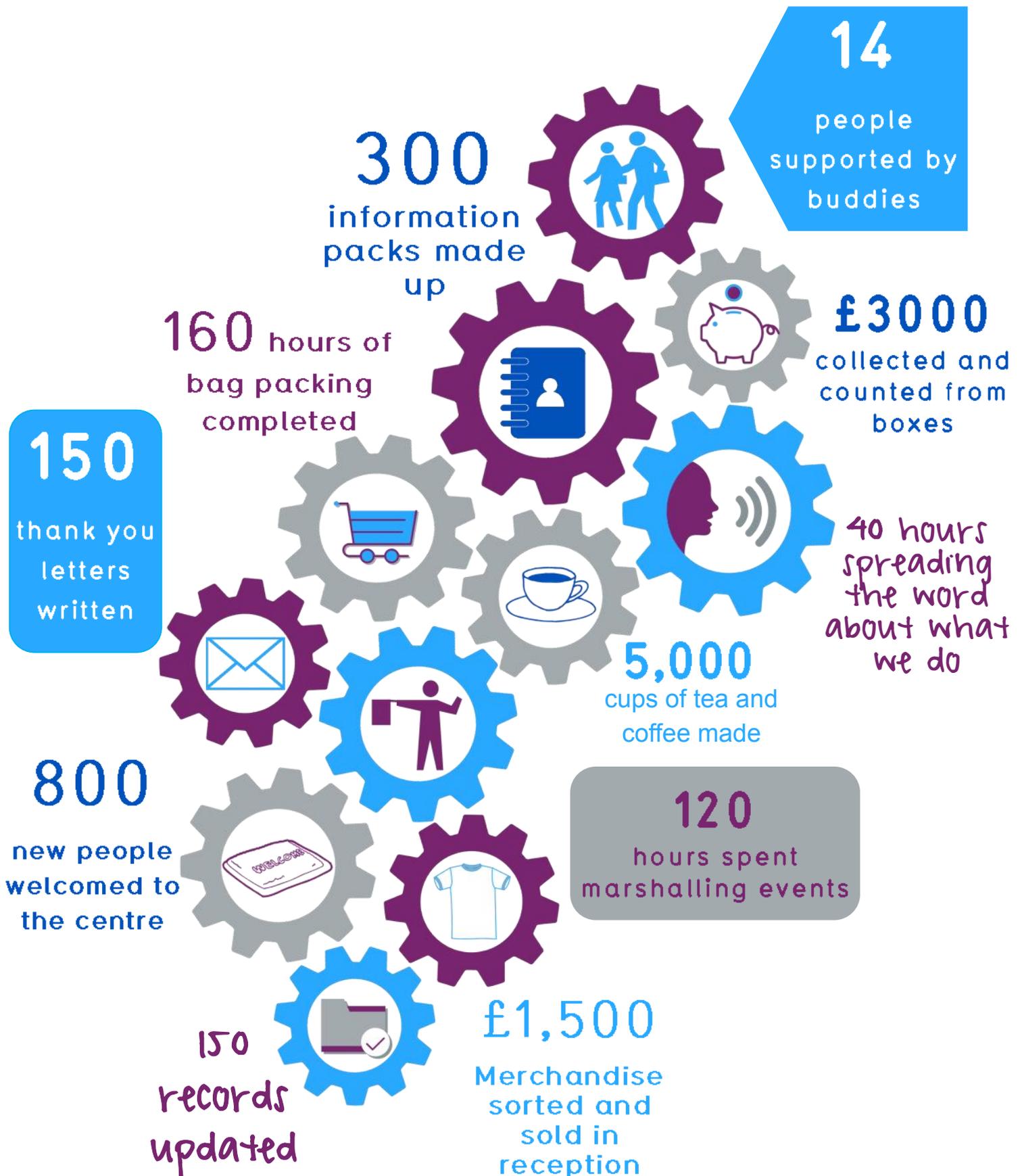
2016/7 and continue to be a warm, empathetic and extremely reliable team, whatever may be going on in their own lives... Thank you.

And secondly, thank you to our buddy volunteers. When setting up a new scheme like this, however much thought and planning goes in, it is inevitably the volunteers that make or break it. Our buddies are caring and supportive, willing to be flexible to support an individual's needs, and are always willing to learn.

"My buddy was amazing! I was surprised at how much it helped me. She helped me with my feelings of anger and frustration that I felt towards friends and their reaction to my cancer".



Volunteering in Numbers



Peter's Story

"It may sound strange but having cancer has been one of the best things that happened to me as it's made me relook at life and examine what's important."

Peter is 61 years old and has a varied career which has included being a carpenter, social worker, residential home manager and learning and development consultant. He took early retirement six years ago and, with his wife Linda (and dog Jess), splits his time between Sheffield and a holiday home in Skegness.

Peter was diagnosed with advanced and incurable prostate cancer in October 2016 and has since received chemotherapy and hormone therapy at Western Park Hospital. Both Peter and Linda received support from Cavendish Cancer Care after Peter's diagnosis and now Peter is proud to be a Cavendish Cancer Buddy.

"After my cancer diagnosis I was struggling and my wife and I decided to go to the Cavendish Centre after hearing about them through one of our friends. After our initial assessments I decided counselling would be useful for me and Linda decided to have a different therapy. I was due to have four sessions of counselling but after just two both my counsellor and I agreed I'd sorted my head out. When I had my review with Paula she told me they were starting a buddy scheme and asked if I would be interested in volunteering. I agreed without hesitation.

I have now completed my training and am supporting two people affected by cancer. To date I've mainly been in touch with them via phone and text but am going to meet with one of them face to face soon. One person I'm supporting has cancer and the other is coping with a loved one's cancer.

I'm thoroughly enjoying being a Cavendish Cancer Buddy. Cavendish really helped me and it feels good to be able to give something back. The support is client led so they know I'm there if they need me but I won't overwhelm them. I listen, am non judgemental and am a shoulder to lean on. I can also signpost them to alternative sources of information if needed.

Cancer is always in the background but it's not the main focus. People touched by cancer are worried about other things too like running a house and supporting their children. In our chats we don't just talk about cancer but everything from dogs to children.

Having someone to listen to you is so important. Cavendish Cancer Buddies gives people an outlet and allows them to say what they need to without having to protect someone else's feelings. For anyone who is on a cancer journey just having someone there, who wants to be there and wants to listen is invaluable."

"Cavendish showed me there's a future and cancer doesn't have to dominate everything."



Fundraising and Thanks

At Cavendish we are absolutely committed to providing our care free of charge to all who need it, and to ensuring that everyone in our region who is affected by cancer knows they can count on our support. Our NHS funding only keeps our doors open for around two weeks each year and for the rest of the time we rely on donations and fundraising from local people and businesses. This is our chance to say thank you to some of them.

Although we can only feature a few, you can read more about them, and many other incredible people on our website at www.cavcare.org.uk/news.



Events Management students from Sheffield Hallam University, who as part of their Live Event module, ran a series of events in February and March raising more than £9000.



Sadly we lost Cavendish Patron Kris Travis last year. A shining star of the British Wrestling scene Kris was set for international acclaim when his cancer returned. His friends, family and fans have rallied round in his name and organised many events raising more than £20,000 in celebration of Kris' life and achievements.



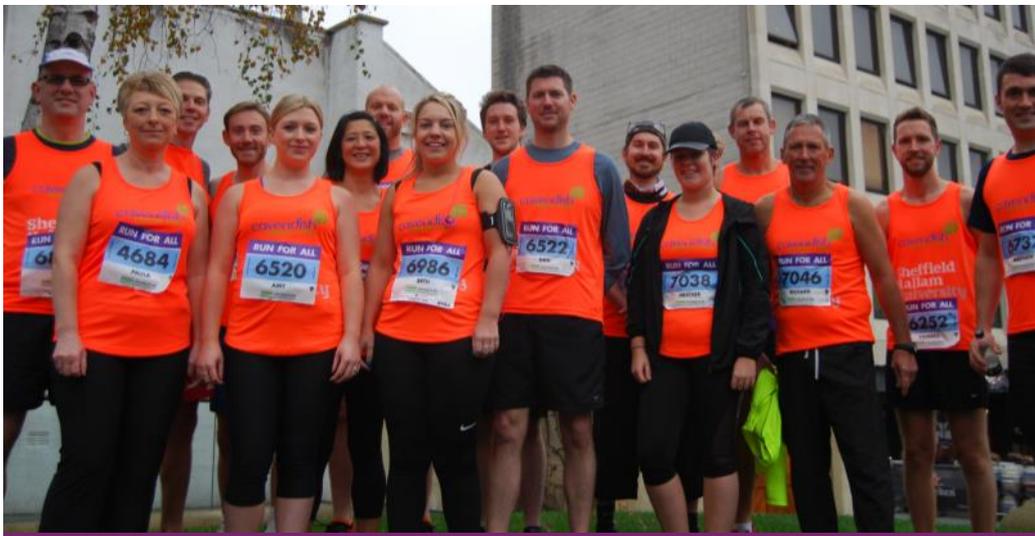
Former Sheffield Wednesday star, Lee Peacock, headed to the European Championship in France last summer – but not as a player. Lee cycled from his home in Southampton to each ground used in the Championship. His solo challenge clocked up well over 1200km in just ten days and raised almost £2500.



Cavendish therapist Clare took on the challenge of The White Peak Marathon following the traditional 26 mile route and raising a superb £1290.76.



We enjoyed a successful first years partnership with M&S Fargate raising £17,000 with the help of many volunteers giving of their time to bag pack in store. Also we were fortunate enough to receive the support of a number of choirs who added festive cheer in store.



Our partnership with Sheffield Hallam University Facilities Directorate had people take on team challenges like the Sheffield 10K but also individual challenges like Josie Wilks who completed a hair-raising skydive raising over £600. The skydive became even more of a white-knuckle ride when Josie's parachute lines became tangled and she had to be spun free from them.



Chris Heaton ran the London Marathon in our tri-annual place. We are fortunate to have this incredibly valuable place so Chris wanted to do something to acknowledge this and mark the occasion in style. Chris ran the whole 26.2 miles in his dinner jacket and raised an incredible £6,000+.



We are delighted to be the chosen cause of the Hallamshire Rugby Union Football Club which including our logo being including on their shirt and proceeds from an annual charity match.

Thank
you



Sharon Sleight and her husband Mark organised two coffee mornings and raised more than £1200, they had a latte latte laughs in the process.



A former Cavendish Cancer Care patient, Kerry Vernon has raised £1250.24 for us by holding a concert to celebrate being cancer-free for 15 years.

Fundraising and thanks

We are grateful to the following companies, individuals and organisations who adopted us as their chosen charity or gave resources or expertise on a free of charge basis. Their financial and in kind donations are very much appreciated:

Abbeydale Brewery
 Art in the Gardens
 B Braun Medical Ltd
 Bell and Buxton
 Birchenall Howden
 Classic Business Forms
 Cocklebread
 Cooper & Turner Ltd
 Crucible Sales and Lettings
 ESP Projects
 Freemasonry in The Community
 Glee Bar Gum – Community Choir
 Goodman Sparks Laundry Services
 Henderson Insurance Broking Group
 Hillsborough Arena
 Hot Metal Press
 Irwin Mitchell Solicitors LLP
 Jane Tomlinson Appeal
 Jaywing
 Marks & Spencer
 Martin-Brooks Ltd
 National Citizenship Scheme
 Nilec Electrical
 Oxburgh Services
 Paper
 Powertherm
 Ride for Eric
 Run for All
 Sheffield Hallam University Facilities Directorate
 Sheffield Harmony Choir
 Soroptimist International of Sheffield
 TK Maxx
 University of Sheffield
 Vivacity Choir
 WM T Wood Machinery
 Woskow Brown Solicitors
 Zumba Sisters

We are also grateful to the following organisations who have contributed financially:

Coventry Building Society Community Partner Fund
 Dixon Pitchfork Charitable Trust Fund
 Facey Family Foundation
 Freemasonry in the Community
 Gay and Peter Harley Hillards Trust
 Gilly's Gift
 Hyman Winstone Foundation
 J W Chapman Earlesmere Trust
 Marjorie Coote Old People's Charity Fund
 Motor Neuron Disease Association
 Paul Grant Charitable Trust
 Pink Ribbon Foundation
 Sheffield Church Burgesses Trust
 Sheffield Clinic Commissioning Group
 Sheffield Hospitals Charity
 Sheffield Mutual Community Fund
 Sheffield Town Trust
 St Mary's Lane Trust
 Swann-Morton Foundation
 The Company of Cutlers In Hallamshire
 The Gladstone Trust
 The Hugh Neill Charity
 The James Neill Trust Fund
 The Joseph Sheldon Trust
 The Mollie Croysdale Charitable Trust
 The Montagu Family Charitable Trust
 The Ronald and Kathleen Pryor Charity
 The Sir Jules Thorn Charitable Trust
 The South Yorkshire Community Foundation
 The Talbot Trusts
 Watkin Jones Community Fund
 Weston Park Cancer Charity
 Zachary Merton and George
 Woofindin Convalescent Trust



Key events this year:

Art in the Gardens preview evening

Afternoon Tea with Paul Pashley

Cav Hanger Abseil

Fashion Show

Ladies Lunch

Percy Pud

Christmas Cracker Hamper Draw

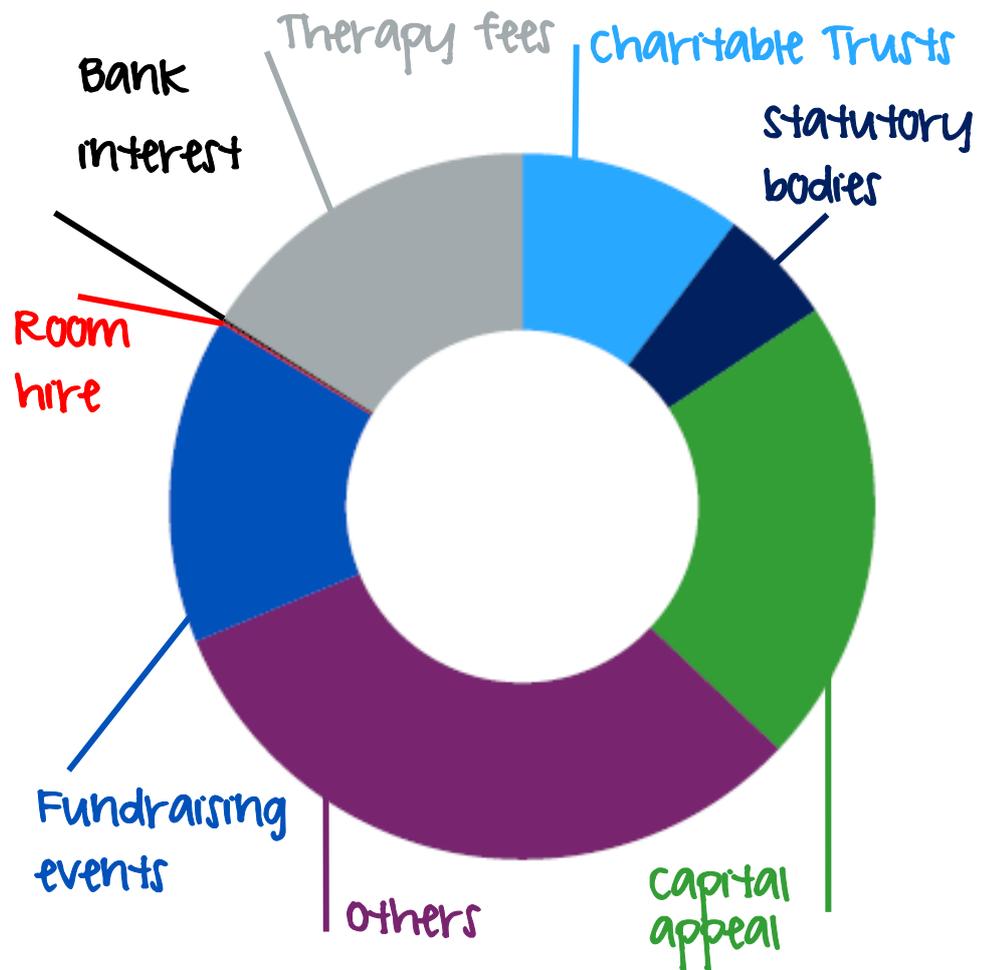
Silver Anniversary Ball

Run for All – Sheffield 10K

Sheffield Together

Silver Sizzler Summer Draw

How we raised money



Thanks to our fantastic supporters we raised £826,141 in 2016/17. This includes £177,052 for our capital appeal meaning an amazing £141,457 more in general funds than last year!

Charitable Trusts

£84,810 came from specific grants to support Cavendish Cancer Care.

Statutory bodies

£44,324 in funding was received from the Department of Health and Sheffield CCG (NHS). The funding from the Department of Health specifically funded Cavendish Cancer Buddies.

Capital appeal

Our appeal raised £177,052 to fund the renovation and move to our new premises.

Others

£261,895 was raised from collection boxes, regular givers, private donations, in memory donations, legacies, gift aid, merchandise sale income, payroll giving, corporate and charity of the year donations.

Fundraising events

A brilliant £123,642 was raised through events such as the Cavendish Ball, Ladies Lunch, sponsored challenges such as the London Marathon, Cavhanger Abseil, raffles and community and in aid of events undertaken by our supporters.

Room hire

£833 was generated by hiring rooms at the centre to our therapists for private sessions.

Bank interest

Our investments generated £1,176.

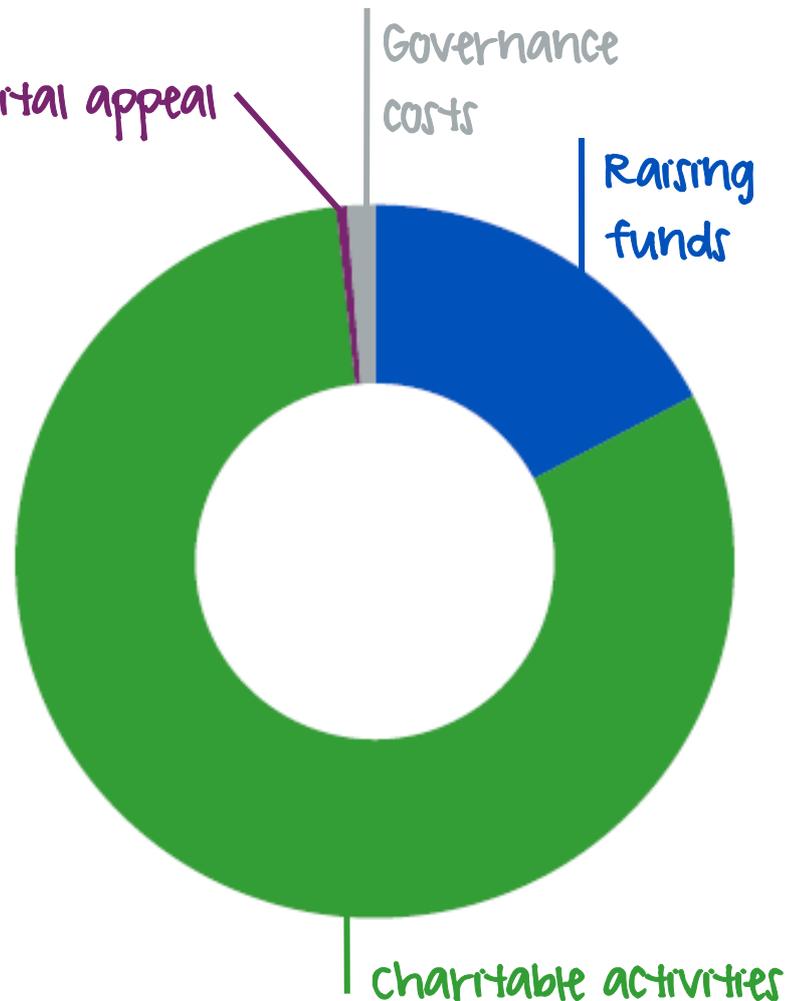
Therapy fees

£132,409 was income from our satellite projects at Sheffield Teaching Hospitals and by delivering Medical School training and Health Professional Seminars.

Total income: £826,141

How we spent money

We spend
81p out of every
pound
directly supporting
people affected by
cancer



In 2016 we spent £507,410 providing support to people with cancer and their families. That's £45,697 more than last year.

Raising funds

We used £108,646 to raise funds to continue our work. These costs include the salaries of our support team who organise fundraising events, manage our website, social media and database, help to monitor and evaluate our work, support our volunteers, raise our profile, support people fundraising for us and much much more.

Charitable activities

£507,410 was spent delivering services to people living with and affected by cancer.

Capital appeal

£3,062 of spending related to our capital appeal which raised £177,052 to enable us to refurbish and move to our new premises.

Governance costs

£7,695 was spent on governance costs including auditing our accounts, recruitment, payroll costs and bank charges.

Total expenditure: £626,813

Statement of Financial Activities

1st April 2016 – 31st March

| | Unrestricted Funds | Restricted Funds | Total Funds 2017 | Total Funds 2016 |
|--|--------------------|------------------|------------------|------------------|
| Incoming Resources | | | | |
| Voluntary Income: | | | | |
| Charitable trusts | 67,900 | 16,910 | 84,810 | 85,080 |
| Statutory bodies | 30,924 | 13,400 | 44,324 | 49,304 |
| Capital appeal | - | 177,052 | 177,052 | - |
| Others | 261,895 | - | 261,895 | 148,919 |
| Activities for generating funds: | | | | |
| Fundraising events | 121,401 | 2,241 | 123,642 | 111,858 |
| Room hire | 833 | - | 833 | 1,037 |
| Investment Income: | | | | |
| Bank interest receivable | 1,176 | - | 1,176 | 2,203 |
| Therapy fees | 132,409 | - | 132,409 | 109,231 |
| Total incoming resources | 616,538 | 209,603 | 826,141 | 507,632 |
| Resources Expended | | | | |
| Costs of Generating Funds: | | | | |
| Raising funds | 108,646 | - | 108,646 | 103,683 |
| Charitable activities | 452,776 | 54,634 | 507,410 | 461,713 |
| Capital appeal | - | 3,062 | 3,062 | - |
| Governance costs | 7,695 | - | 7,695 | 8,198 |
| Total resources expended | 569,117 | 57,696 | 626,813 | 573,594 |
| Net income/(expenditure) for the year before transfers | 47,421 | 151,907 | 199,328 | (65,962) |
| Transfer between funds | (19,421) | 19,421 | - | - |
| Total funds brought forward | 235,057 | 8,868 | 243,925 | 309,887 |
| Total funds carried forward | 263,057 | 180,196 | 443,253 | 243,925 |

Balance Sheet at 31st March 2017

| Charity Balance Sheet at 31st March | 2017 | 2016 |
|---|----------------|----------------|
| | | |
| Fixed Assets | | |
| Tangible assets | 10,865 | 7,930 |
| | | |
| Current assets | | |
| Debtors | 85,422 | 68,550 |
| Cash at bank and on hand | 378,278 | 181,833 |
| | | |
| Creditors - amounts falling due within one year | (31,312) | (14,388) |
| | | |
| Net assets | 443,253 | 243,925 |
| | | |
| The funds of the charity | | |
| Unrestricted income funds: | | |
| General funds | 258,802 | 228,626 |
| Designated funds | 4,255 | 6,431 |
| Total unrestricted funds | 263,057 | 235,057 |
| Restricted funds | 180,196 | 8,868 |
| | | |
| Total funds | 443,253 | 243,925 |

Board and Staff

Founder and Life President

Dr David Simons

Vice Presidents

Roy Finch

Lady Neill

Dr June Smailes – from January 2017

Trustees

Dr June Smailes – Chair to January 2017

Tim Pryor – Chair from January 2017

Lisa Leighton – Treasurer

Karen Codling – Vice Chair to November 2016

Kevin Clifford – Vice Chair from November 2016

Sue Shepley

Alan Spier

Maria Vardy

Will Cleary – Gray

Nick Stratford – resigned November 2016

Chris Raven – resigned June 2016

Gillian Coverley – elected November 2016

Kim Scott – elected November 2016

Jo Cairns – elected November 2016

Suzy Harris-Milnes – elected November 2016

Patrons

Kerrie Gosney, Suzanne Liversidge, Jackie Drayton, Harry Gration, Mike Pye, Chris Waddle, Julietta Patnick, Anthony Hinchliffe, Paul Blomfield, Kris Travis, Paul Pashley, John Bryan, Karen Codling.

Management Team

Chris Farrell CEO

Jane Beatson Head of Finance

Ann Hetherington Head of Service

Delphine Sayre – up to January 2017

Reception and Administration Team

Dallas McDade

Suffreen Sadiq

Liz Giles – maternity leave from September 2016

Giselle Sutcliffe – maternity cover from September 2016

Programme Leads

Hilary Nugent – Volunteering and Buddy Support Project

Delphine Sayre – Therapy Service

Fundraising Team

Jonny Cole

Mike Sawkins – up to December 2016

Victoria Wood – up to January 2017

Chloe Janes – from January 2017

Russ Hall – from January 2017

Cavendish Cancer Care
The Cavendish Centre
27 Wilkinson Street
Sheffield
South Yorkshire
S10 2GB

Telephone: 0114 2784600

Website: cavcare.org.uk

Email: fundraising@cavcare.org.uk

Twitter: @cavcare

Facebook: @cavendishcancercare

Charity number 1104261



cavendish
cancer care

ASDA FOUNDATION
SUPPORTED 19th 20th 2017

4514

TERRIE

ASDA foundation

cavendish
cancer care

ASDA FOUNDATION
SUPPORTED 19th 20th 2017

4517

DEBRA

ASDA foundation

M

A close-up photograph of a person's hands holding a white ceramic mug with colorful polka dots. The person is wearing a dark long-sleeved shirt and is seated in a wheelchair, with the wheelchair's armrest visible. In the background, a large, out-of-focus vase with a reddish-brown hue sits on a wooden surface. The lighting is soft and natural, suggesting an indoor setting with a window nearby.

"Cavendish cancer care gave me kindness and support when I needed it, after the medical treatment was completed to put me back on my feet again."



Help us be here for the next 25 years

“My name is Ann and I’m Head of Service at Cavendish Cancer Care but also one of the assessors. In my role as an assessor I know how important the immediacy and person centred nature of our care is.

In the last year we provided support to more than 1600 families like yours and this took our lifetime number of people supported to over 21,000. We are proud of this achievement but demand for our services is now greater than ever.

Today in our area alone 30 people will be given the news that they have a new diagnosis of cancer. We have an exciting opportunity with the move to the new Cavendish Centre to extend our care and support to even more people in the next 25 years and beyond.

It is always a great relief to me that we are able to offer Cavendish Cancer Care on a free of charge basis but can’t do that without the support of people like you.

One key way to ensure we are here for everyone who turns to us for support is by donating regularly.

Please visit cavcare.org.uk/donate or complete and return a regular giving form. Thank You.”



Your gift can make a real difference

£21 per month funds therapy for a child devastated by cancer in a parent.

£27 (one off donation) provides a pain management session for a cancer patient.

£9 per month helps us keep the door open to the next person who needs our help.

£13 per month provides a carer with counselling support.

4 easy ways to donate

To make a regular or one off donation:

 Call us now on
0114 275 4070

 Donate online by visiting our Just Giving page
www.justgiving.com/thecavendishcentre/

 Send a cheque made payable to Cavendish Cancer Care to:
27 Wilkinson Street, Sheffield S10 2GB

 Text **CAVC10** followed by the amount you would like to donate (£5, £10, £20) to
70070